

FORGING THE FUTURE:



Visit the Health Promotion Home Page
<http://www-nehc.med.navy.mil/hp/index.htm>

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Friday Facts information

Friday FACTS

19 March 1999

"Leadership, Partnership, and Championship"



APRIL IS SEXUALLY TRANSMITTED DISEASE AWARENESS MONTH



To increase public awareness about STDs, the American Social Health Association (ASHA) publishes a variety of educational materials, distributing over 2.5 million publications each year. ASHA provides direct patient support through the Herpes Resource Center/National Herpes Hotline and the HPV Support Program, which publish quarterly journals and coordinate a network of over 100 local support groups. Visit ASHA online

at: <http://www.ashastd.org> or order educational materials by phone at (800) 783-9877.

OTHER SITES OF INTEREST:

The Mayo Clinic Website at <http://www.mayohealth.org/> with a "find" on "STD". Centers for Disease Control and Prevention's Division of HIV/STD/TB Prevention at: <http://www.cdc.gov/nchstp/od/nchstp.html>. Finally, the SHARP Homepage has information available at <http://www-nehc.med.navy.mil/hp/sharp/index.htm>.



TOBACCO CESSATION ARTICLES

"A Controlled Trial of Sustained-Release Bupropion, A Nicotine Patch, or Both for Smoking Cessation" can be found in the *New England Journal of Medicine*, March 4, 1999, Vol. 340, 9, 685-691. Visit

<http://www.mayohealth.org/mayo/9710/htm/bupropio.htm> to read "Study: Antidepressant bupropion helps." "Recent Advances in the Pharmacotherapy of Smoking" can be found in *JAMA*, January 6, 1999, Vol. 281, 1, 72-76. See "Smoking cessation - A growing array of medications" at <http://www.mayohealth.org/mayo/9608/htm/nicotine.htm>.



PPIP CORNER The PPIP Presentations are now available as downloadable files! We added some additional presentations also. Check it out at <http://www-nehc.med.navy.mil/hp>



IT'S OFFICIAL!

The 8th Annual

Health Promotion Conference

will be held 28 JAN - 4 FEB 2000
in Downtown Norfolk, VA.



MAY: NATIONAL MENTAL HEALTH MONTH

The National Mental Health Association, is dedicated to improving the mental health of all individuals and achieving victory over mental illness. **Fact Sheets** are available without cost from their website at:

<http://www.nmha.org/es>. NMHA can also be reached by phone at (800) 969-NMHA or TTY (800) 433-5959 FAX (703) 664-5968. You can also request information by sending your name and address to infoctr@nmha.org. The **May is Mental Health Month 1999 Planning Guide** is available for \$15.00 plus shipping & handling.



**National
Mental
Health
Association**



*See! The winter is past; the
rains are over and gone.
Flowers appear on the earth;
the season of singing has come.
Song of Songs 2:11,12 NIV*